2019 Sunburst Skating Challenge

Dear Coaches, Skaters & Parent:

The Cottage Grove Ice Arena and the Cottage Grove Figure Skating Booster Club (CGFSBC) invite you to participate in the 2019 Sunburst Skating Challenge. This exciting event will be held Saturday July 20, 2019.

Please read over the enclosed information regarding the competition.

When all entries have been received we will send further information on practice ice and competition T shirts, so be sure to include your email on your registration!

**Entry deadline: June 1, 2019**

Cottage Grove Ice Arena Attn:
Liatra Adsitt
8020 80th Street S.
Cottage Grove, MN 55016

For questions please contact:

Competition Chair or Competition Director
Linda Bryden Liatra Adsitt
651-328-7737 651-338-4428
askatemom@gmail.com loss@cottage-grove.org

We look forward to seeing you in July!

Liatra Adsitt
Competition Director
ISI Competition Announcement

Events:

- Tots
- Compulsory
- Pre Alpha – Delta Program
- Footwork
- Team Compulsory
- Freestyle 1-10
- Open Freestyle Events
- Production
- Artistic
- Dance, Solo Choice
- Spotlight Individual
- Spotlight Couples
- Stroking
- Interpretive
- Jump & Spin Events
- Rhythmic
- Ensemble
- Family Spotlight
- Open Short Program

The age groupings will be determined by the competition Director and will be dependent on the number of applications in each event. Whenever possible, there will be divisions for male and female skaters. We reserve the right to limit the number of entries on a first come, first serve basis.

Refunds WILL NOT be issued for any reason; medical or otherwise. Once a skater has registered, he or she can scratch, but will not be refunded their registration fee.

Entry Fees

- First Event $80
- Each Additional Event $15
- Family Entry (all family members 1st individual event included) $115
- Jump and Spin $15 (per skater)
- Jump and Spin if ONLY event entered $20 (per skater)
- Team Compulsory $15 (per skater)
- Ensemble Team $15 (per skater)

COMPETITION DEADLINE: June 1, 2019

Entries must be post marked no later than June 1, 2019, or if after must include a $25.00 late fee to process the application. We have the right to limit the number of late entries accepted.

Mailing Address:
Cottage Grove Ice Arena
Attn: Liatra Adsitt
8020 80th Street S
Cottage Grove, MN  55016
**RULES**
This competition will be conducted in accordance with the guidelines contained in the most recent edition of the ISI Handbook. These publications may be obtained from the Ice Sports Industry home office.

**CHECK IN AND REGISTRATION INFORMATION**
All competitors must register no later than 60 minutes prior to the scheduled program event. We reserve the right to hold events up to 30 minutes prior to their scheduled time.

Music must be turned in at the music registration table. All music must be recorded on cd’s and labeled with the competitor’s name, team name, event and age group on the side that is to be played. Cd’s must contain 1 track per cd. We strongly recommend having a back-up of all music needed in the competition.

**ISI JUDGES**
All judges must be certified at one of the following levels: Bronze, Silver, Gold or Synchro.
- All judges must also have passed the most current ISI judge’s 2018 update test
- All coaches must be current professional members
- No individual will be allowed to judge an event where a relative is a participant.
- An individual may not be a competitor and judge in the same competition.
- Each team must follow the participation guidelines or the skaters may not compete.
- Must have a valid 2018 – 2019 District 10 credential

**Coaches/Judges Credentials:** Per District 10 Policy only credentialed coaches with a valid event credential will be allowed in the skater ready area and be allowed to put skaters on the ice for their events. No parents, skaters or anyone without a valid credential will be allowed in the skater ready area.

<table>
<thead>
<tr>
<th>Number of Events:</th>
<th>Number of Judges</th>
<th>Judging Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 10</td>
<td>1</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>11 - 21</td>
<td>2</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>22 - 32</td>
<td>3</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>33 - 44</td>
<td>4</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>45 - 55</td>
<td>5</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>56 - 66</td>
<td>6</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>67 - 77</td>
<td>7</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>78 - 88</td>
<td>8</td>
<td>2 Hours Each</td>
</tr>
<tr>
<td>89 - 100</td>
<td>9</td>
<td>2 Hours Each</td>
</tr>
</tbody>
</table>

**VERIFICATION & POLICY FOR COMPETITION FORMS**
All entries must be mailed to the Competition Director by the Team Liaison and postmarked by June 1, 2019. Entries post marked after June 1 2019, must include a $25 late fee to process the application. Forms must be mailed by the team liaison, the skating professional and Team Liaison must both sign the entry form to verify that the information on the form is correct and true. The information on the entry form must be accurate, complete, signed and mailed by the Team Liaison. Inaccurate and/or incomplete forms will be returned. Skaters must have an ISI number and the number and expiration date must be listed on the entry form. If the skater has applied for an ISI number and has not yet received it, write “applied for” in the space that requires the skater’s ISI number. All forms must be signed by a current ISI Professional Member. If signed by an expired or non-professional ISI member, the form will be returned to the skater with a letter of explanation. The skater will have 5 days to return the form with the correct signature without incurring a late fee. Any false information provided will result in disqualification. All entries are verified with ISI Headquarters for current membership status and test level.
**ELIGIBILITY**

Competition Events are open to any Individual Member of the ISI whose membership is current up to and including the date of the competition.

All competitors must compete at their highest test level passed and registered with the ISI National Office on or before June 1, 2019.

Members of other organizations are eligible & welcome to compete in ISI endorsed competitions as long as they are ISI Individual Members and have all their tests passed and registered with the ISI National Office. Skaters are expected to compete at their TRUE ability level and to uphold high ethical standards.

The chart below will help those USFS skaters wishing to participate in an ISI Competition.

<table>
<thead>
<tr>
<th>USFS Test Passed</th>
<th>May Compete No Lower Than:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Preliminary</td>
<td>Freestyle 3</td>
</tr>
<tr>
<td>Preliminary</td>
<td>Freestyle 4</td>
</tr>
<tr>
<td>Pre-Juvenile</td>
<td>Freestyle 4</td>
</tr>
<tr>
<td>Juvenile</td>
<td>Freestyle 6</td>
</tr>
<tr>
<td>Intermediate</td>
<td>Freestyle 6</td>
</tr>
<tr>
<td>Novice</td>
<td>Freestyle 8</td>
</tr>
<tr>
<td>Junior</td>
<td>Freestyle 8</td>
</tr>
<tr>
<td>Senior</td>
<td>Freestyle 8</td>
</tr>
<tr>
<td>Adult Pre Bronze</td>
<td>Freestyle 2 / Open Bronze</td>
</tr>
<tr>
<td>Adult Bronze</td>
<td>Freestyle 3 / Open Bronze</td>
</tr>
<tr>
<td>Adult Silver</td>
<td>Freestyle 4 / Open Silver</td>
</tr>
<tr>
<td>Adult Gold</td>
<td>Freestyle 5 / Open Silver</td>
</tr>
</tbody>
</table>

**These are minimum requirements.**

**USFS Moves in the Field test levels have no bearing on any ISI Test Levels.**

**SPECIAL NOTE**

Based on the entries received for Artistic, Footwork, Interpretive and Rhythmic events, skaters will be combined into events groups as listed below: Depending on the number of entries Gold and Platinum levels may be combined.

- Bronze / Freestyle 1 – 3
- Silver / Freestyle 4 – 5
- Gold / Freestyle 6 – 7
- Platinum / Freestyle 8 – 10

Based on the entries received for Spotlight and Couples Spotlight events, skaters will be combined into events groups as listed below:

- Tot - Delta
- Bronze / Freestyle 1-3
- Silver / Freestyle 4-5
- Gold / Freestyle 6 – 7
- Platinum / Freestyle 8-10
ISI OPEN FREESTYLE EVENTS
USFS Skaters who have already passed Pre-Preliminary, Adult Pre Bronze or any higher tests and wish to compete in ISI Freestyle events do not need to pass any previous ISI tests. They only must have passed Open Freestyle tests corresponding to their current USFS level.

ISI Freestyle skaters do not have to pass any additional test(s) to skate in the Open Freestyle Events at the corresponding test level below.

<table>
<thead>
<tr>
<th>If: Passed USFS Tests</th>
<th>If: Passed ISI Tests</th>
<th>Then: New Open FS Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Preliminary</td>
<td>ISI FS 1 - 3</td>
<td>Bronze Test Level</td>
</tr>
<tr>
<td>Adult Pre Bronze</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Bronze</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Preliminary</td>
<td>FS 4 – 5</td>
<td>Silver Test Level</td>
</tr>
<tr>
<td>Pre Juvenile</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Silver</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Gold</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Juvenile</td>
<td>FS 6 – 7</td>
<td>Gold Test Level</td>
</tr>
<tr>
<td>Intermediate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Novice</td>
<td>FS 8 - 10</td>
<td>Platinum Test Level</td>
</tr>
<tr>
<td>Junior</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

AWARDS
Individual Awards to 1st, 2nd, & 3rd will be a Trophy or Medal
Individual Awards to 4th & 5th will be a Medal

EVENTS

Pre Alpha - Delta Program:
Skaters will execute all compulsory moves for their level listed in the ISI Handbook in a one minute program WITH MUSIC of their choice.

All skaters in Pre Alpha through Delta must add one additional maneuver from Freestyle 1 to their program. If the skater performs two Freestyle 1 maneuvers a score of 2.0 will be given under additional maneuvers.

In Delta the skater has a Choice–of-One maneuver listed in the manual. This means that only one maneuver should be performed. In case of misinterpretation of “Choice-of-One”, the performance of the first maneuver will be graded.
Compulsory Event: Gamma - FS 7
There is NO music used for Compulsory Programs. After the skater has reached starting position on the ice the announcer will say "Skater you may begin". Additional maneuvers such as any jump, spin, gliding maneuver or any uncaptured moves, are not allowed. This includes but is no limited to: bunny hops, lunges, toe taps, spirals etc)

All Pre Alpha – Delta Compulsories will be skated on 1/2 ice on the ice entrance end of arena
All Freestyle 1 – 5 Compulsories will be skated on ½ ice on the ice entrance end of the arena
All Freestyle 6 - 10 Compulsories will be skated on Full Ice.

Skaters who have only passed an ISI Open Freestyle test must complete in Solo Compulsory as follows:
Bronze – Freestyle 3
Silver – Freestyle 5
Gold – Freestyle 7
Platinum – May choose any FS8-10 level to enter

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>Maneuvers (all levels will be on full sheet of ice)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gamma</td>
<td>Right Forward Outside 3 Turn, Left Mohawk Combo, Hockey Stop</td>
</tr>
<tr>
<td>Delta</td>
<td>Left Forward Inside 3 Turn, Bunny Hop, Forward Outside Edges</td>
</tr>
<tr>
<td>FS 1</td>
<td>Spiral, 2 Foot Spin, Waltz Jump</td>
</tr>
<tr>
<td>FS 2</td>
<td>1/2 Lutz Jump, 1-Foot Spin, 2 Forward Spirals</td>
</tr>
<tr>
<td>FS 3</td>
<td>Salchow Jump, Change Foot Spin, Toe Loop Jump</td>
</tr>
<tr>
<td>FS 4</td>
<td>1/2 Loop Jump, Sit Spin, Flip Jump</td>
</tr>
<tr>
<td>FS 5</td>
<td>Lutz Jump, Axel Jump, Camel/Sit/Upright Spin</td>
</tr>
<tr>
<td>FS 6</td>
<td>Split Jump, Double Salchow Jump, Spin combination (w/change of foot &amp; position)</td>
</tr>
<tr>
<td>FS 7</td>
<td>2 Walleys in Sequence, Double Toe Loop Jump, Flying Camel Spin</td>
</tr>
</tbody>
</table>

Footwork: Bronze - Platinum
In footwork events skaters are grouped according to age & ability level and perform a program to music for one minute. The program should contain original footwork sequences. Emphasis should be given to clean edges and turns: the presentation should not resemble a Freestyle Program. One – half rotation jumps and spins less than three revolutions are permitted. (Note: One Half Loop Jump is a full rotation jump but the 1/2 loop stop is permitted) Footwork programs must be different from the suggested dance step sequences found in the Appendix of the ISI Handbook.

Interpretive Event: Bronze - Platinum
Skaters are NOT ALLOWED to be coached by instructors, parents or anyone else during this event. The emphasis of this event is on the skater’s ability to choreograph and skate to music they have heard only three times. The emphasis is not on the difficulty of the maneuvers performed.

Artistic Solo: Bronze - Platinum
Emphasis should be placed on the creative and innovative design of a skating program. Strong edges, body positions, flow, musical interpretation, rhythm, choreography and artistic should be the main focus.

Freestyle Program: Freestyle 1 –10
All skaters in Freestyle 1 –10 levels of competition are not permitted to perform an additional maneuver from a higher test level. The penalty score of 2.0 will be given under Extra Content for doing an illegal additional maneuver. Skaters will be limited to three attempts per required maneuver during programs, and as always, the best attempt will be judged. If the skater attempts the maneuver a fourth time, it will not be judged.
In Freestyle 3, 6, 7 and 8, certain maneuvers are listed under Choice of One. This means that only one of the maneuvers of the skater’s choice may be performed. If more than one is performed, only the first maneuver will be graded.

The backward edges required in Freestyle 1 must be performed consecutively: outside – outside, then inside – inside or inside – inside, the outside – outside.

The dance step sequences in Freestyle 2, 3, 4, 5, 6, 7, 8 and 9 have a mandatory pattern for all ISI competitions as defined in the ISI Handbook.

**Open Freestyle and Open Short**

**Open Freestyle**

<table>
<thead>
<tr>
<th>Event</th>
<th>Levels of Skaters</th>
<th>Maneuver Limitations</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open Bronze</td>
<td>FS 1-3</td>
<td>FS 3 and below</td>
<td>2 minutes</td>
</tr>
<tr>
<td>Open Silver</td>
<td>FS 4-5</td>
<td>FS 5 and below</td>
<td>2 minutes</td>
</tr>
<tr>
<td>Open Gold</td>
<td>FS 6-7</td>
<td>FS 7 and below</td>
<td>3 minutes</td>
</tr>
<tr>
<td>Open Platinum</td>
<td>FS 8-10</td>
<td>Any maneuvers</td>
<td>3 minutes 20 seconds</td>
</tr>
<tr>
<td>Open Platinum</td>
<td>Plus</td>
<td>Any maneuvers</td>
<td>4 minutes 30 seconds</td>
</tr>
</tbody>
</table>

**Open Short**

<table>
<thead>
<tr>
<th>Event</th>
<th>Level of Skaters</th>
<th>Maneuver Limitations</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open Gold Short</td>
<td>FS 6-7</td>
<td>FS 7 and below</td>
<td>2 minutes</td>
</tr>
<tr>
<td>Open Platinum Short</td>
<td>FS 8-10</td>
<td>Any maneuvers</td>
<td>2 minutes 50 seconds</td>
</tr>
</tbody>
</table>

**Stroking Event: Pre Alpha – Freestyle 3**

Skaters will be grouped by age and test level and will perform forward stroking in both directions to music provided by the Competition Director. This event focuses on cleanness of edges, rhythm, endurance, posture, flex skating knee – flow (lilt), proper push offs (no toe picks) and extension of free leg. Skaters in the same age/level group will perform and be judged at the same time.

- **There will be No Warm-Up for stroking events**
- Coaches may not assist their skater(s) during the stroking event

**Rhythmic Skating: Bronze - Platinum**

Rhythmic skating events will be offered for skaters in FS 1-10. This entertaining routine requires the use of one of the hand props listed below. The program should contain elements that employ the use of these props throughout the program. The skater must maintain control of their prop at all times. Spotlight entrance and exit rules apply. Props will not be allowed on the warm up.

**Prop - Choice of one:**

- **Hoop** – Wood or plastic it must be rigid, non-bending material. Diameter 2’7” – 2’11”
- **Ball** – Rubber or plastic – Diameter 7 ¾”
- **Ribbon Stick** – Wood, plastic or fiberglass. Length 20” – 30”
  - Material - Satin or a non-starched length of fabric. Width 2” – 4”
  - Length minimum of 6 feet and a maximum of 9 feet long and one single streamer

**Spotlight Solo Event:**

**Tot – Delta, Bronze (FS1 – FS3), Silver (FS4 – FS5), Gold (FS 6 -7) & Platinum (FS8 – FS 10)**

Skaters in these categories will use music, costumes and props (optional). Skaters will be grouped according to age and/or test level.
The Spotlight Solo event includes

- **Character Solo**: where the skater portrays a famous, easily recognizable character.
- **Light Entertainment**: the skater performs a lighthearted, vaudeville type program using music, dance and skating moves. (A light entertainment routine can portray a character but does not have to be)
- **Dramatic Solo**: an artistic theatrical performance by individual skaters that evokes an emotional response from the judges and audience. The skater’s interpretation should create a mood that is enhanced by the style, creativity, costuming and props (optional). The overall impression at the conclusion of the performance should be that it was a dramatic performance, not light hearted as in the light entertainment category.

**Spotlight Couples Event:**
**Tot – Delta, Bronze (FS1 – FS3), Silver (FS4 – FS5), Gold (FS 6 – 7) & Platinum (FS 8 – FS 10)**

**Please Note:** Skaters may enter only 1 Couple Spotlight event!

Two skaters perform a routine that is entertaining, emotional or a portrayal of characters using costumes and props (optional). This event is divided into low, medium, intermediate, high for partner selections. Groups will be divided as registration warrants.

**Level entered must be at the higher of the 2 skater’s level.**
**ADDITIONAL SPOTLIGHT RULES**

Live props are not permitted. Props may not be flame or smoke oriented or of any substance that will alter the surface of the ice. No dry ice allowed.

The penalty for exceeding prop specifications will be a grade of 2.0 under the skater’s Costume and Prop score.

Penalties will be given for the following:

1. Altering the ice with any substances such as shaving cream, whipped cream etc.
2. Exceeding the 30 seconds allowed for entering and leaving the ice.
3. Exceeding the prop size guidelines, such as the skater’s not being able to hand carry, push or lift the prop onto and off of the ice by themselves. Entrances to the ice vary greatly from rink to rink. Props should be able to easily fit through a 35 inch wide door.
4. Skaters are not permitted to exit the ice surface during their performance, this includes sitting on the surrounding barriers and dasher boards.

**Jump & Spin Event: Pre Alpha – FS 10**

A team of 2 skaters where first skater performs required jump twice while skater 2 stands still. After skater 1 is finished with both attempts and stops, skater 2 begins and performs their required spin 2 times. After skater 2 has finished and stopped, the skaters exit the ice together.

A Jump & Spin team consists of any 2 skaters competing in the same category level but they do not have to be on the same test level. (See below) Category entered must be at the higher of the 2 skaters test levels. Only the technical accuracy of the maneuver is scored – not the difficulty level of the maneuver.

<table>
<thead>
<tr>
<th>Levels &amp; Maneuver Options</th>
<th>Skater 1</th>
<th>Skater 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low / (Pre Alpha – Delta)</td>
<td>2 Foot Hop OR Bunny Hop</td>
<td>Two foot Spin (no other choice)</td>
</tr>
<tr>
<td>Bronze / (FS 1-3)</td>
<td>1/2 Flip OR Toe Loop</td>
<td>Two Foot Spin OR 1 Foot Spin</td>
</tr>
<tr>
<td>Silver / (FS 4-5)</td>
<td>1/2 Loop OR Axel</td>
<td>Sit Spin OR Back Spin</td>
</tr>
<tr>
<td>Gold / (FS 6-7)</td>
<td>Dbl Salchow OR Dbl Toe Loop</td>
<td>Layback OR Flying Camel</td>
</tr>
<tr>
<td>Platinum / (FS 8-10)</td>
<td>Dbl Loop OR Dbl Lutz</td>
<td>Flying Sit OR Camel-Jump-Camel</td>
</tr>
</tbody>
</table>

**ADDITIONAL MANEUVERS OR CHOREOGRAPHY IS NOT ALLOWED – ONLY THE REQUIRED MANEUVERS ARE JUDGED.** Skaters may use only preparation or set up steps.

- Low, Bronze, and Silver levels will use HALF ICE – skated on the ice entrance end of the arena
- Gold & Platinum levels can use FULL ICE.

**TEAM EVENTS:** (sign up using the Team entry form)

**Family Spotlight**

Two or more family members can perform an entertaining spotlight routine using costumes and props. If
necessary, the event groupings are divided first by the number of skaters and then by age groups and/or ability levels.
Duration 1 ½ minutes.

**Team Compulsory (Freestyle 1-10)**
Freestyle 1 – 5 consists of a team of six skaters
Freestyle 6 – 10 consists of a team of seven skaters
Music is required.
Maneuvers must be performed in the order listed in the Test Standards.
Additional maneuvers from a higher level are not permitted in Team Compulsory events.

**Ensemble Team:**
This event is open to groups of 3 – 7 skaters of all levels and ages.
Skaters will be judged on the entertainment and performance value of the program.
There are NO required maneuvers and no technical score, but skating maneuvers can be performed at any level.
The group must use the music, along with costumes and props, to enhance the theme of their program.
Duration is 3 minutes all levels.

**Production Team:**
Production teams consist of 8-32 skaters and can be divided into Small (8-14), Medium (15-22), Large (23-32) categories.
Props and costumes should be used to illustrate a creative and artistic program.
Any and all maneuvers are allowed.
Please see the current ISI Handbook for further information.
Duration is 4.5 minutes for all levels.